



June 2025 Newsletter

Happy Father's Day.



Fun crafts and activities for Father's Day!

Even though Father's day is one day out of the year, we can still enjoy doing many crafts and activities with dad all year long. Spending time with fathers create a special bond between fathers and their children. Here are a few fun craft ideas and activities.

[Other fun activities with dad](#)



[Tips to help toddlers sleep](#)

Having a little trouble going to sleep at night or staying a sleep through the night. Here are a few tips.

[Be consistent every night.](#)
[Establish a bedtime routine.](#)
[Try to make room calming, if able to no tv/ screen time before or during bedtime.](#)
[Think about maybe using different lights, like a red night light for going to sleep, then turn to a green or yellow to let them know it's time to wake up and ok to get up.](#)
[Sometimes weighted blankets might help, just make use not too heavy.](#)



[Discipline and Limit Setting](#)

While we wish our little ones to be happy all the time, in reality, that is not always the case. Just like adults, they too have feelings and emotions. Little ones have a hard time controlling those feelings, so we as parents need to show them how to handle those feelings appropriately.

[Helping toddlers manage emotions](#)

[Why saying "Good Job" isn't so good!](#)

[10 Ways to Discipline Your Children](#)

Summer Fun!

It is so nice outside and, if possible, go out and play in the morning or later in the afternoon. Watch out for over heating and the sun! If out for extended time, please have shade and plenty of sunscreen for your little ones as their skin is much more sensitive than your skin.

[Baby outdoor summer activities](#)

[Toddler outdoor summer activities.](#)

[Outside Water and pool Safety](#)

Yes, it's summer and the water looks so inviting and fun. Please remember that it only takes a few inches of water to drown. Watch out for, not only, swimming pools, but puddles, buckets, and other areas in and out of the home with standing water.

Safety tips and learning to swim with baby. Click on picture.



[Sun Protection and use of sunscreen](#)



Did you know the Skin Cancer foundation recommends waiting until a baby is six month old before introducing sun-screen? For babies, you can use on very small areas of skin but best to have the baby covered with lightweight clothing, wraps, or a hat. For babies older than six months, you can apply to all areas of the body, but be careful around the eyes.

- A** Avoid *unprotected* UV exposure, seek shade
- W** Wear sun protective clothing, a hat and sunglasses
- A** Apply sunscreen generously and often
- R** Routinely check skin and report changes
- E** Educate yourself and others

June is [Tourette's Syndrome Awareness](#)

[Five Things](#) you may not know about Tourette's Syndrome

[Tics and Tourette's](#): What families should know.

Events:

June 21st Bell Buckle, [RC moon Pie Festival](#)



Resources:

<https://babynavigator.com/16-gestures-by-16-months/>

<https://teachmetotalk.com/category/podcast/>

<http://fgrbi.com/resources-for-families/>

<https://cdctn.org/early-intervention>

"PURSES FOR A PURPOSE"

Purse Sale benefitting the Family Support Program
The Family Support Program provides financial assistance for children and adults with disabilities.

Saturday, June 7th
9am - 2pm

Edgemont Baptist Church
150 Fairfield Pike, Shelbyville



FOOD TRUCKS:

Jeanette's Farm Cakes
Ken's Hot Dogs
Sharrin's Kitchen
Smollicious Mobile Eatery

STILL ACCEPTING YOUR DONATIONS!
Drop off new and gently used items, books, toys, and more at any Child Development Center location!



For more information, contact:
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